

Valley Girl Triathlon

Final Results

Monday, July 17, 2006 2:52:09 PM

Division: 18 AND UNDER

PL	No	Name	Representing	SWIM	min/100yds	T1	Bike	MPH	T2	RUN	min/mi	Total Time	Back
1	370	TYYNISMAA, Tatum	Walla Walla	9:01.508	00:01:32.3	1:05.296	32:05.603	22.4	0:44.163	22:12.167	00:07:24.1	1:05:08.737	0:00.000
2	369	TYYNISMAA, Taylor	Walla Walla	10:03.433	00:01:42.8	1:15.130	37:26.663	19.2	1:00.886	28:44.416	00:09:34.8	1:18:30.528	+13:21.791
3	371	WARNER, Josie	Liberty Lake	14:14.177	00:02:25.5	2:31.375	38:51.992	18.5	0:52.416	27:00.630	00:09:00.2	1:23:30.590	+18:21.853
4	367	STAPLETON, Lyndsay	Spokane	8:59.036	00:01:31.8	1:16.765	46:41.695	15.4	0:44.258	28:26.848	00:09:28.9	1:26:08.602	+20:59.865
5	364	SEELY, Ashleigh	Liberty Lake	16:47.981	00:02:51.7	3:26.875	49:14.226	14.6	0:55.623	27:42.522	00:09:14.2	1:38:07.227	+32:58.490
6	360	MILLER, Suzanne	Liberty Lake	23:33.961	00:04:00.9	4:35.883	48:18.029	14.9	1:48.843	25:59.789	00:08:39.9	1:44:16.505	+39:07.768
7	358	DENKER, Briony	Spokane	13:57.636	00:02:22.7	4:07.178	45:57.631	15.7	1:05.583	40:55.782	00:13:38.6	1:46:03.810	+40:55.073
8	362	PARDUE, Katrin	Spokane	13:58.633	00:02:22.9	4:04.212	46:40.292	15.4	0:56.838	40:28.293	00:13:29.4	1:46:08.268	+40:59.531
9	359	LONG, Jasmin	Spokane	21:23.672	00:03:38.7	2:50.202	50:28.237	14.3	1:56.439	34:01.555	00:11:20.5	1:50:40.105	+45:31.368
10	368	TAYLOR, Jessica	Post Falls	12:58.072	00:02:12.6	12:11.246	56:27.089	12.8	14:54.480	50:21.944	00:16:47.3	2:26:52.831	+1:21:44.094
11	361	OLSON, Rowan	Blanchard	18:23.140	00:03:07.9	4:18.147	1:09:33.371	10.3	4:16.072	50:22.583	00:16:47.5	2:26:53.313	+1:21:44.576
0	363	PURCELL, Alina	Spokane		00:00:00.0			INF.0			00:00:00.0	DNS	

Division: 19-24

PL	No	Name	Representing	SWIM	min/100yds	T1	Bike	MPH	T2	RUN	min/mi	Total Time	Back
1	386	KERRIGAN, Loran	Spokane	10:25.311	00:01:46.5	1:14.677	32:11.566	22.4	0:38.755	21:40.865	00:07:13.6	1:06:11.174	0:00.000
2	375	DEBENHAM, Aubre	Spokane	9:12.988	00:01:34.2	1:21.502	34:03.407	21.1	0:38.939	21:35.702	00:07:11.9	1:06:52.538	0:41.364
3	380	GILBERT, Jaime	Poulsbo	13:05.501	00:02:13.8	2:02.336	36:56.054	19.5	0:57.461	26:10.190	00:08:43.4	1:19:11.542	+13:00.368
4	551	GENTILI, Anna	Spokane	13:47.793	00:02:21.0	2:42.285	41:37.889	17.3	1:15.840	25:42.048	00:08:34.0	1:25:05.855	+18:54.681
5	374	CHILDERS, Chelsea	Cheney	17:01.271	00:02:54.0	3:55.732	38:48.047	18.6	0:50.565	25:27.687	00:08:29.2	1:26:03.302	+19:52.128
6	379	GARCEA, Courtney	Spokane Valley	16:50.142	00:02:52.1	2:22.183	36:25.355	19.8	1:12.611	29:20.250	00:09:46.8	1:26:10.541	+19:59.367
7	392	VINSON, Nicole	Spokane	12:55.073	00:02:12.0	3:14.604	39:53.825	18.1	1:13.441	28:56.258	00:09:38.8	1:26:13.201	+20:02.027
8	390	SHAW, Kellen	Coeur d Alene	13:37.264	00:02:19.2	2:17.922	42:36.369	16.9	0:48.799	27:57.637	00:09:19.2	1:27:17.991	+21:06.817
9	384	HEMINGWAY, Brook	Spokane	16:58.052	00:02:53.4	4:04.064	43:27.273	16.6	1:02.404	25:22.562	00:08:27.5	1:30:54.355	+24:43.181
10	394	YAKE, Lindsey	Spokane	21:19.261	00:03:37.9	3:01.559	38:51.456	18.5	0:51.550	29:14.846	00:09:44.9	1:33:18.672	+27:07.498
11	387	LARSON, Britney	San Jose	16:28.045	00:02:48.3	3:37.205	46:04.613	15.6	1:09.718	25:59.667	00:08:39.9	1:33:19.248	+27:08.074
12	383	HEMINGWAY, Becca	Spokane	17:19.660	00:02:57.1	3:43.925	45:10.556	15.9	1:05.757	26:56.674	00:08:58.9	1:34:16.572	+28:05.398
13	389	SCHADL, Sheena	Spokane	14:50.657	00:02:31.7	3:01.257	43:54.338	16.4	1:02.967	34:47.198	00:11:35.7	1:37:36.417	+31:25.243
14	372	ABRAHAMSON, Vanessa	Spokane	18:22.979	00:03:07.9	2:41.129	42:19.575	17.0	0:56.077	33:34.839	00:11:11.6	1:37:54.599	+31:43.425
15	377	DEMMERT, Lizzi	Spokane	13:54.543	00:02:22.2	2:49.121	47:50.736	15.1	1:27.676	32:47.957	00:10:56.0	1:38:50.033	+32:38.859
16	373	BRAYMAN, Heather	Spokane Valley	16:33.895	00:02:49.3	3:51.825	46:28.436	15.5	0:59.665	34:40.688	00:11:33.6	1:42:34.509	+36:23.335
17	381	HANDY, Laura	Puyallup	16:57.797	00:02:53.4	3:34.761	50:02.483	14.4	0:52.402	32:19.488	00:10:46.5	1:43:46.931	+37:35.757
18	376	DEFREESE, Cassie	Spokane	15:11.154	00:02:35.2	2:24.936	48:07.525	15.0	2:17.286	36:21.427	00:12:07.1	1:44:22.328	+38:11.154
19	397	AUSTIN, Robyn	Post Falls	19:10.281	00:03:16.0	4:46.083	44:05.318	16.3	1:15.981	37:37.519	00:12:32.5	1:46:55.182	+40:44.008
20	382	HANDY, Kara	Seattle	13:28.773	00:02:17.8	4:20.617	56:07.469	12.8	2:04.331	33:19.720	00:11:06.6	1:49:20.910	+43:09.736
0	378	EKVALL, Melissa	Spokane		00:00:00.0			INF.0			00:00:00.0	DNS	
0	385	HUSSEY, Annie	veradale		00:00:00.0			INF.0			00:00:00.0	DNS	
0	388	MCBEE, Shannon	Spokane		00:00:00.0			INF.0			00:00:00.0	DNS	
0	391	TYNER, Emily	Spokane		00:00:00.0			INF.0			00:00:00.0	DNS	
0	393	WARNER, Kelly	Bellingham		00:00:00.0			INF.0			00:00:00.0	DNS	

* indicates adjustments applied, see last page for details

Valley Girl Triathlon

Division: 25-29

PL	No	Name	Representing	SWIM	min/100yds	T1	Bike	MPH	T2	RUN	min/mi	Total Time	Back
1	410	ERIKSON, Kelly	Liberty Lake	13:04.654	00:02:13.7	2:00.732	30:40.906	23.5	1:24.858	23:32.522	00:07:50.8	1:10:43.672	0:00.000
2	434	THOMPSON, Jessi	Spokane	11:28.802	00:01:57.3	1:36.702	34:31.239	20.9	1:20.058	23:10.737	00:07:43.6	1:12:07.538	+1:23.866
3	425	LEGERSKI, Sara	Liberty Lake	9:55.532	00:01:41.5	1:56.148	37:34.982	19.2	1:21.059	21:55.432	00:07:18.5	1:12:43.153	+1:59.481
4	429	OWEN, Andrea	Tacoma	12:51.586	00:02:11.4	2:08.767	36:10.558	19.9	1:34.886	20:09.000	00:06:43.0	1:12:54.797	+2:11.125
5	401	BUCKLIN, Rachel	Spokane	13:09.684	00:02:14.5	2:24.826	33:59.308	21.2	1:41.391	23:58.090	00:07:59.4	1:15:13.299	+4:29.627
6	409	EASLEY, Katie	Seattle	12:03.061	00:02:03.2	2:55.164	38:55.983	18.5	1:47.701	21:34.953	00:07:11.7	1:17:16.862	+6:33.190
7	421	JAHNS, Angela	Liberty Lake WA	13:21.738	00:02:16.6	2:15.809	35:51.217	20.1	2:12.623	25:22.555	00:08:27.5	1:19:03.942	+8:20.270
8	439	YBARRA, Noelle	Spokane Valley WA	14:30.212	00:02:28.2	1:45.765	36:43.622	19.6	1:14.313	26:06.713	00:08:42.2	1:20:20.625	+9:36.953
9	415	HALE, Shanna	Liberty Lake	14:57.697	00:02:32.9	2:50.267	38:20.307	18.8	2:01.237	22:37.451	00:07:32.5	1:20:46.959	+10:03.287
10	431	SATER, Christy	Post Falls	14:58.656	00:02:33.1	1:53.621	34:08.448	21.1	1:40.397	28:07.965	00:09:22.7	1:20:49.087	+10:05.415
11	395	ALBERTINI, Jennifer	portland OR	13:41.745	00:02:20.0	2:25.798	40:33.670	17.8	1:11.311	24:11.452	00:08:03.8	1:22:03.976	+11:20.304
12	430	PRYOR, Jill	Okotoks-Alberta Canada	15:44.448	00:02:40.9	2:23.273	37:35.679	19.1	1:27.862	26:54.864	00:08:58.3	1:24:06.126	+13:22.454
13	418	HIEBERT, Mandee	Post Falls	17:42.888	00:03:01.1	3:03.567	37:36.547	19.1	2:27.948	23:36.397	00:07:52.1	1:24:27.347	+13:43.675
14	405	CHIPPENDALE, Amy	Rathdrum	13:27.768	00:02:17.6	2:22.106	41:16.733	17.4	1:49.558	25:36.257	00:08:32.1	1:24:32.422	+13:48.750
15	438	WILLEY, Vanessa	Spokane	14:33.178	00:02:28.8	3:01.532	37:50.100	19.0	1:57.045	27:47.525	00:09:15.8	1:25:09.380	+14:25.708
16	396	ARAIZA, Carrie	Liberty Lake	16:29.009	00:02:48.5	3:31.037	36:43.819	19.6	2:41.358	26:09.190	00:08:43.1	1:25:34.413	+14:50.741
17	412	FRAZIER, Lisa	Coeur d Alene	18:35.015	00:03:10.0	3:30.335	38:01.916	18.9	1:37.216	24:29.135	00:08:09.7	1:26:13.617	+15:29.945
18	404	CARR, Marae	Coeur d Alene	14:43.844	00:02:30.6	2:26.573	42:07.873	17.1	1:58.550	25:59.170	00:08:39.7	1:27:16.010	+16:32.338
19	417	HERBEL, Liz	Spokane	14:24.457	00:02:27.3	2:49.337	39:19.428	18.3	2:51.808	29:28.712	00:09:49.6	1:28:53.742	+18:10.070
20	435	TOLLEFSON, Melissa	Spokane	16:22.981	00:02:47.5	3:46.671	38:52.322	18.5	1:53.697	29:33.375	00:09:51.1	1:30:29.046	+19:45.374
21	398	BALL-VADEBONCOEUR, Sara	Spokane	16:06.455	00:02:44.6	2:26.619	42:20.493	17.0	1:45.805	29:10.827	00:09:43.6	1:31:50.199	+21:06.527
22	696	WOODARD, Lisa	Spokane Valley	15:49.851	00:02:41.8	2:39.776	39:29.307	18.2	1:34.672	32:29.992	00:10:50.0	1:32:03.598	+21:19.926
23	437	WEICHMAN, Abigail	Spokane	19:20.956	00:03:17.8	4:21.647	39:09.535	18.4	3:11.086	26:03.376	00:08:41.1	1:32:06.600	+21:22.928
24	426	MCCRAY, Sarah	Spokane	14:37.826	00:02:29.5	2:59.352	42:01.576	17.1	2:57.717	30:16.845	00:10:05.6	1:32:53.316	+22:09.644
25	433	TATE, Jona	Sandy	17:42.604	00:03:01.0	4:21.623	40:07.602	17.9	2:45.812	28:40.889	00:09:33.6	1:33:38.530	+22:54.858
26	411	EWENS, Susan	San Francisco CA	17:25.252	00:02:58.1	3:18.592	42:09.340	17.1	2:03.042	28:47.682	00:09:35.9	1:33:43.908	+23:00.236
27	399	BOYCE, Suzanne	Greenacres	13:40.810	00:02:19.8	3:54.593	42:23.171	17.0	1:46.319	32:44.514	00:10:54.8	1:34:29.407	+23:45.735
28	570	ROSENBERG, Scarlet	Spokane	15:37.948	00:02:39.8	3:54.911	39:40.806	18.1	2:46.247	32:29.712	00:10:49.9	1:34:29.624	+23:45.952
29	428	NIEMEYER, Brittany	Coeur D Alene	18:47.925	00:03:12.2	2:50.762	40:57.458	17.6	2:29.365	32:47.861	00:10:56.0	1:37:53.371	+27:09.699
30	413	GALLOWAY, Sadie	Newman Lake	11:24.650	00:01:56.6	4:52.645	47:25.864	15.2	2:42.884	32:03.877	00:10:41.3	1:38:29.920	+27:46.248
31	427	NEUDORFER, Nicole	Spokane	17:51.487	00:03:02.5	4:29.698	42:17.265	17.0	2:41.549	33:38.272	00:11:12.8	1:40:58.271	+30:14.599
32	400	BRYEANS, Hannah	Spokane Valley	17:47.805	00:03:01.9	3:23.575	44:51.824	16.1	2:01.801	34:26.421	00:11:28.8	1:42:31.426	+31:47.754
33	423	KIMBRELL, Jane	Spokane	16:56.141	00:02:53.1	4:04.711	46:30.753	15.5	1:52.782	33:12.170	00:11:04.1	1:42:36.557	+31:52.885
34	420	HOUK, Alexandra	Spokane Valley	18:01.309	00:03:04.2	3:39.166	47:34.289	15.1	2:19.098	31:22.976	00:10:27.7	1:42:56.838	+32:13.166
35	408	DOLIN, Holly	Spokane	15:56.963	00:02:43.0	2:21.875	50:51.972	14.2	2:01.772	31:45.542	00:10:35.2	1:42:58.124	+32:14.452
36	424	LAUGHLIN, Katherine	Spokane	22:48.527	00:03:53.1	4:30.590	40:39.531	17.7	2:52.150	32:36.852	00:10:52.3	1:43:27.650	+32:43.978
37	403	CARLSON, Andrean	Spokane	17:18.389	00:02:56.9	3:44.495	51:30.668	14.0	2:08.873	28:46.149	00:09:35.4	1:43:28.574	+32:44.902
38	432	SHEILS, Courtney	Seattle	17:58.473	00:03:03.7	2:46.976	50:57.677	14.1	2:14.704	29:54.905	00:09:58.3	1:43:52.735	+33:09.063
39	416	HALLOCK, Stephanie	Coeur d Alene	28:12.674	00:04:48.4	3:26.216	48:13.204	14.9	2:11.464	30:01.507	00:10:00.5	1:52:05.065	+41:21.393
40	422	JOHNSON, Jolene	Post Falls	21:28.463	00:03:39.5	5:03.549	47:40.252	15.1	2:42.326	38:03.504	00:12:41.2	1:54:58.094	+44:14.422
41	407	BRADSHAW, April	Post Falls	25:48.141	00:04:23.7	4:32.888	1:03:42.017	11.3	3:07.770	48:05.827	00:16:01.9	2:25:16.643	+1:14:32.971
0	414	GEORGE, Melissa	Spokane		00:00:00.0			INF.0			00:00:00.0	DNS	
0	419	HILL, Chelsey	Bothell		00:00:00.0			INF.0			00:00:00.0	DNS	

* indicates adjustments applied, see last page for details

Valley Girl Triathlon

Division: 30-34

PL	No	Name	Representing	SWIM	min/100yds	T1	Bike	MPH	T2	RUN	min/mi	Total Time	Back
1	356	DEHART, Kirsten	spokane	9:49.946	00:01:40.5	1:12.075	29:46.166	24.2	1:17.291	20:22.067	00:06:47.4	1:02:27.545	0:00.000
2	446	BONI, Tara	Littleton	10:41.793	00:01:49.3	1:27.696	32:28.288	22.2	1:17.120	20:47.852	00:06:56.0	1:06:42.749	+4:15.204
3	454	COTE, Phaedra	Spokane	13:38.203	00:02:19.4	1:51.284	31:30.620	22.9	1:17.140	20:57.663	00:06:59.2	1:09:14.910	+6:47.365
4	507	SUTER, Jodi	Spokane	13:31.241	00:02:18.2	1:33.289	34:26.996	20.9	1:10.663	19:41.895	00:06:34.0	1:10:24.084	+7:56.539
5	498	REYNOLDS, Heidi	Liberty ake	10:36.863	00:01:48.5	1:32.063	33:29.490	21.5	1:22.745	23:26.356	00:07:48.8	1:10:27.517	+7:59.972
6	301	GAERTNER, Jenni	CDA	14:46.280	00:02:31.0	1:34.175	29:52.405	24.1	1:27.859	24:18.380	00:08:06.1	1:11:59.099	+9:31.554
7	441	ANDERSON, Amy	Spokane	13:31.608	00:02:18.3	2:29.167	32:28.882	22.2	1:45.217	22:59.684	00:07:39.9	1:13:14.558	+10:47.013
8	337	CLEMENTS, Beth	Spokane	14:01.788	00:02:23.4	2:21.294	32:52.641	21.9	1:16.460	22:58.118	00:07:39.4	1:13:30.301	+11:02.756
9	501	SCHADE, Amy	Spokane Valley	14:29.378	00:02:28.1	1:47.805	33:28.869	21.5	1:49.711	22:29.904	00:07:30.0	1:14:05.667	+11:38.122
10	503	SHEPHERD, Jennifer	Spokane	13:00.915	00:02:13.0	2:18.450	34:06.284	21.1	1:35.922	23:38.952	00:07:53.0	1:14:40.523	+12:12.978
11	453	COLLINS, Holli	Spokane	14:24.103	00:02:27.2	1:29.929	32:53.884	21.9	1:21.971	25:11.050	00:08:23.7	1:15:20.937	+12:53.392
12	472	JACKSON, Lora	Spokane	14:38.330	00:02:29.6	2:34.146	35:38.704	20.2	1:40.920	22:02.129	00:07:20.7	1:16:34.229	+14:06.684
13	487	NEUPERT, Sarah	Spokane	13:19.823	00:02:16.3	2:21.837	34:33.700	20.8	1:44.539	25:19.897	00:08:26.6	1:17:19.796	+14:52.251
14	467	HERN, Stephanie	Spokane	16:58.015	00:02:53.4	2:22.349	34:07.608	21.1	1:22.414	23:09.528	00:07:43.2	1:17:59.914	+15:32.369
15	506	STOWELL, Kathy	Spokane	14:04.417	00:02:23.9	2:44.091	33:23.500	21.6	2:54.077	25:00.346	00:08:20.1	1:18:06.431	+15:38.886
16	456	DELAROSA, Stephanie	Liberty Lake	14:56.098	00:02:32.7	1:58.636	34:53.389	20.6	1:03.975	25:44.586	00:08:34.9	1:18:36.684	+16:09.139
17	496	POLELLO, Jennifer	Colbert	10:54.599	00:01:51.5	1:44.084	37:08.858	19.4	1:45.520	27:08.975	00:09:03.0	1:18:42.036	+16:14.491
18	594	BURGESS, Shannon	CDA	13:29.110	00:02:17.8	2:26.280	33:49.916	21.3	1:46.869	28:33.464	00:09:31.2	1:20:05.639	+17:38.094
19	466	HEMENWAY, Katie	Liberty Lake	14:00.744	00:02:23.2	2:05.435	36:30.105	19.7	1:48.482	26:22.105	00:08:47.4	1:20:46.871	+18:19.326
20	346	BARRON, Sarah	CDA	14:25.888	00:02:27.5	2:26.415	33:13.241	21.7	2:48.745	28:01.050	00:09:20.4	1:20:55.339	+18:27.794
21	445	BLEGEN, Stacey	Spokane	14:30.346	00:02:28.3	2:37.479	37:19.873	19.3	1:20.983	25:47.801	00:08:35.9	1:21:36.482	+19:08.937
22	477	LUND, Heather	Spokane	13:51.844	00:02:21.7	3:14.576	36:00.556	20.0	2:02.842	27:23.951	00:09:08.0	1:22:33.769	+20:06.224
23	476	LUBIEWSKI, Pamela	Grangeville	13:27.743	00:02:17.6	2:10.011	35:11.016	20.5	1:55.375	29:51.691	00:09:57.2	1:22:35.836	+20:08.291
24	485	MEAD, Amy	Spokane	16:10.288	00:02:45.3	3:03.508	35:27.064	20.3	1:50.164	26:11.408	00:08:43.8	1:22:42.432	+20:14.887
25	509	TERRELL, Rachel	Spokane Valley	15:17.710	00:02:36.3	2:46.472	38:10.638	18.9	1:17.205	25:35.215	00:08:31.7	1:23:07.240	+20:39.695
26	502	SCHRUTH, Amy	Coeur d alene	16:47.727	00:02:51.7	4:07.238	37:29.700	19.2	1:03.974	23:52.042	00:07:57.3	1:23:20.681	+20:53.136
27	557	GENTRY, Donna	Liberty Lake	14:45.471	00:02:30.8	2:57.402	36:23.954	19.8	2:28.331	27:07.004	00:09:02.3	1:23:42.162	+21:14.617
28	512	TUBBS, Beth	Spokane	16:13.322	00:02:45.8	2:42.700	35:19.348	20.4	1:39.560	27:57.346	00:09:19.1	1:23:52.276	+21:24.731
29	470	HOCKING, Lynn	Spokane	14:34.250	00:02:28.9	2:35.452	38:12.180	18.9	1:34.893	27:15.689	00:09:05.2	1:24:12.464	+21:44.919
30	475	LE, Laurie	spokane	16:01.978	00:02:43.9	2:20.292	38:00.560	18.9	1:53.968	27:01.134	00:09:00.4	1:25:17.932	+22:50.387
31	488	NICHOLS, Tammy	Liberty Lake	16:34.110	00:02:49.4	3:02.230	36:29.931	19.7	3:04.445	26:28.002	00:08:49.3	1:25:38.718	+23:11.173
32	455	DAMIANO, Stacy	spokane	19:33.953	00:03:20.0	2:14.842	37:37.586	19.1	1:30.636	25:09.541	00:08:23.2	1:26:06.558	+23:39.013
33	478	MADSEN, Michele	Mead	18:28.463	00:03:08.8	2:34.562	36:16.083	19.9	2:24.817	26:58.653	00:08:59.6	1:26:42.578	+24:15.033
34	461	GRAHAM, Brandi	Nine Mile Falls	16:19.631	00:02:46.9	2:33.649	39:02.502	18.4	1:09.655	27:53.370	00:09:17.8	1:26:58.807	+24:31.262
35	493	OTTERSEN, Brandi	Spokane Valley	16:11.232	00:02:45.5	3:19.928	40:33.048	17.8	1:39.593	25:23.868	00:08:28.0	1:27:07.669	+24:40.124
36	482	MATTHEWS, Julie	Spokane	17:03.952	00:02:54.4	2:37.869	41:39.023	17.3	1:18.749	24:28.173	00:08:09.4	1:27:07.766	+24:40.221
37	499	ROZELLE, Corinna	Elk	15:08.080	00:02:34.7	2:27.975	37:30.026	19.2	2:24.140	29:54.300	00:09:58.1	1:27:24.521	+24:56.976
38	500	RYDEEN, Kelli	Spokane	14:04.516	00:02:23.9	3:21.918	37:20.972	19.3	2:31.523	30:12.543	00:10:04.2	1:27:31.472	+25:03.927
39	556	KELLY, Laurel	Spokane	16:49.298	00:02:51.9	2:33.442	40:58.522	17.6	1:30.136	26:05.587	00:08:41.9	1:27:56.985	+25:29.440
40	463	HALL-BURNSIDE, Shannon	Coeur d Alene	14:30.567	00:02:28.3	2:24.841	37:44.848	19.1	1:15.235	32:19.568	00:10:46.5	1:28:15.059	+25:47.514
41	471	HOFFER, Liberty	Post Falls	14:28.442	00:02:27.9	2:23.786	37:54.060	19.0	1:34.797	33:05.332	00:11:01.8	1:29:26.417	+26:58.872
42	450	CHARBONNEAU, Amy	SPOKANE	15:24.147	00:02:37.4	2:53.256	41:26.948	17.4	1:52.392	28:23.734	00:09:27.9	1:30:00.477	+27:32.932
43	480	MALIKOWSKI, Mical	Spokane	17:07.884	00:02:55.1	4:38.152	42:20.077	17.0	1:46.019	25:05.465	00:08:21.8	1:30:57.597	+28:30.052
44	457	DERUWE, Jennifer	Greenacres	15:16.745	00:02:36.2	2:26.411	37:43.055	19.1	2:15.757	33:21.942	00:11:07.3	1:31:03.910	+28:36.365
45	505	STAFFORD, Becky	Coeur d Alene	14:47.842	00:02:31.3	2:43.538	43:24.439	16.6	2:35.826	28:06.370	00:09:22.1	1:31:38.015	+29:10.470
46	513	TUCKER, Christina	Elk	16:55.013	00:02:52.9	3:17.911	39:44.629	18.1	2:24.601	29:20.137	00:09:46.7	1:31:42.291	+29:14.746
47	495	PAGOTELIS, Rebecca	Spokane	17:01.378	00:02:54.0	3:17.382	44:02.069	16.4	2:01.742	25:20.916	00:08:27.0	1:31:43.487	+29:15.942

* indicates adjustments applied, see last page for details

Valley Girl Triathlon

Division: 30-34 Continued

PL	No	Name	Representing	SWIM	min/100yds	T1	Bike	MPH	T2	RUN	min/mi	Total Time	Back
48	510	TIFT, Brenda	Arlington WA	17:01.062	00:02:53.9	2:47.409	41:08.095	17.5	1:59.003	29:00.123	00:09:40.0	1:31:55.692	+29:28.147
49	486	MEEK, Becky	Liberty Lake	16:34.324	00:02:49.4	3:22.688	38:46.845	18.6	1:24.795	31:58.400	00:10:39.5	1:32:07.052	+29:39.507
50	464	HALL-HEADLEY, Colleen	Post Falls	15:10.567	00:02:35.1	2:49.784	41:59.798	17.1	1:24.553	32:02.797	00:10:40.9	1:33:27.499	+30:59.954
51	474	KING, Maggie	everett	16:39.730	00:02:50.3	4:25.781	41:03.235	17.5	2:49.356	30:23.992	00:10:08.0	1:35:22.094	+32:54.549
52	490	OKA, Elisia	Spokane	16:59.266	00:02:53.6	3:32.786	47:25.787	15.2	1:14.626	26:39.938	00:08:53.3	1:35:52.403	+33:24.858
53	343	LUCKEY, Angela	Spokane Valley	14:49.988	00:02:31.6	2:31.199	38:09.602	18.9	2:46.994	38:55.997	00:12:58.7	1:37:13.780	+34:46.235
54	458	ELLIS, Stephanie	Spokane	17:14.363	00:02:56.2	2:28.345	46:15.379	15.6	1:16.121	30:05.942	00:10:02.0	1:37:20.150	+34:52.605
55	462	GREGORY, Janelle	Spokane Valley	20:18.295	00:03:27.5	5:32.053	40:46.542	17.7	4:34.120	26:12.994	00:08:44.3	1:37:24.004	+34:56.459
56	787	HOLDEN, Andrea	Port Orchard	18:02.275	00:03:04.4	3:32.075	40:52.275	17.6	1:53.948	33:06.680	00:11:02.2	1:37:27.253	+34:59.708
57	504	STACHOFSKY, Jan	Spokane	17:18.824	00:02:57.0	4:56.867	41:28.537	17.4	2:18.262	32:33.322	00:10:51.1	1:38:35.812	+36:08.267
58	460	FRIEMEL, Amy	Spokane	17:52.786	00:03:02.8	3:37.287	40:42.674	17.7	3:45.891	33:38.476	00:11:12.8	1:39:37.114	+37:09.569
59	515	YEOMAN, Korbie	Colbert	18:54.483	00:03:13.3	3:30.211	41:11.272	17.5	2:04.177	34:22.253	00:11:27.4	1:40:02.396	+37:34.851
60	451	CHILDRESS, Jennifer	Spokane	17:47.316	00:03:01.8	4:31.038	41:04.089	17.5	2:29.107	34:20.951	00:11:27.0	1:40:12.501	+37:44.956
61	514	ULLMAN, Lori	Veradale	20:29.751	00:03:29.5	3:14.126	42:25.326	17.0	1:44.106	32:41.780	00:10:53.9	1:40:35.089	+38:07.544
62	492	OQUINN, Shelly	Spokane	16:12.533	00:02:45.7	3:55.275	39:22.511	18.3	3:31.205	40:25.536	00:13:28.5	1:43:27.060	+40:59.515
63	465	HARBISON, Susan	SPOKANE	15:20.673	00:02:36.8	4:46.103	39:42.282	18.1	3:12.108	40:26.182	00:13:28.7	1:43:27.348	+40:59.803
64	473	KENNEDY, Julie	Liberty Lake	15:40.434	00:02:40.2	4:19.738	42:23.184	17.0	2:59.324	39:32.063	00:13:10.7	1:44:54.743	+42:27.198
65	447	BRANOM, Bev	Spokane	20:59.903	00:03:34.6	4:32.282	40:25.313	17.8	4:18.340	36:26.085	00:12:08.7	1:46:41.923	+44:14.378
66	489	NORDLOF, Kirsten	WA	21:28.672	00:03:39.5	6:05.173	46:03.638	15.6	3:08.390	30:08.819	00:10:02.9	1:46:54.692	+44:27.147
67	459	FECHSER, Tara	Spokane	17:47.578	00:03:01.9	4:36.138	50:17.990	14.3	2:34.092	32:06.213	00:10:42.1	1:47:22.011	+44:54.466
68	511	TRIPP, Stacy	Coeur d Alene	16:12.005	00:02:45.6	4:52.655	47:38.414	15.1	3:32.177	37:05.702	00:12:21.9	1:49:20.953	+46:53.408
69	484	MCCALL, Angie	Nine Mile Falls	16:19.254	00:02:46.8	4:07.771	46:31.422	15.5	2:16.406	41:56.227	00:13:58.7	1:51:11.080	+48:43.535
70	442	ARAMBARRI, Janie	Coeur d Alene	25:43.375	00:04:22.9	4:02.780	45:42.920	15.8	4:00.468	32:03.743	00:10:41.2	1:51:33.286	+49:05.741
71	479	MALCOLM, Pamela	Seattle	22:20.618	00:03:48.4	3:42.186	49:09.354	14.7	3:04.889	35:49.165	00:11:56.4	1:54:06.212	+51:38.667
72	497	QUINN, Jennifer	Spokane	17:42.157	00:03:00.9	4:34.894	51:12.411	14.1	2:02.886	39:05.053	00:13:01.7	1:54:37.401	+52:09.856
73	331	GAY, Griselda	Carnation	19:13.524	00:03:16.5	4:32.240	52:07.562	13.8	3:03.280	38:30.285	00:12:50.1	1:57:26.891	+54:59.346
74	449	CAVANAGH, Tracy	Boise	17:46.453	00:03:01.7	3:39.832	49:56.599	14.4	3:00.245	47:16.199	00:15:45.4	2:01:39.328	+59:11.783
75	443	BAILEY, Dee	Hayden	26:28.700	00:04:30.6	3:26.756	50:22.887	14.3	2:25.780	39:03.189	00:13:01.1	2:01:47.312	+59:19.767
76	469	HILL, Stacy	Spokane	16:45.123	00:02:51.2	18:27.218	47:40.471	15.1	2:36.929	38:35.252	00:12:51.8	2:04:04.993	+1:01:37.448
77	444	BENT, Denise	Pasco	27:57.223	00:04:45.7	4:04.892	47:17.305	15.2	5:56.138	40:42.265	00:13:34.1	2:05:57.823	+1:03:30.278
78	481	MANNING, Tamsyn	Tacoma	20:06.019	00:03:25.5	6:19.859	51:20.007	14.0	7:30.678	41:07.880	00:13:42.6	2:06:24.443	+1:03:56.898
0	448	BULS, Kimberly	Kalispell		00:00:00.0			INF.0			00:00:00.0	DNS	
0	690	CROCKER, Jaime	Spokane		00:00:00.0			INF.0			00:00:00.0	DNS	
0	468	HERNANDEZ, Cristol	Post Falls		00:00:00.0			INF.0			00:00:00.0	DNS	
0	319	MCDONALD, Amber	Liberty Lake		00:00:00.0			INF.0			00:00:00.0	DNS	
0	491	ONSTOT, Lisa	Spokane Valley		00:00:00.0			INF.0			00:00:00.0	DNS	
0	494	PAGE, Khristian	Kingston		00:00:00.0			INF.0			00:00:00.0	DNS	

Division: 35-39

PL	No	Name	Representing	SWIM	min/100yds	T1	Bike	MPH	T2	RUN	min/mi	Total Time	Back
1	578	NELSON, Eve	Spokane	11:31.116	00:01:57.7	1:22.596	30:45.876	23.4	0:56.347	20:21.981	00:06:47.3	1:04:57.916	0:00.000
2	616	ZYLAK, Jen	Spokane	11:07.780	00:01:53.8	1:43.512	30:11.469	23.9	0:57.119	21:11.215	00:07:03.7	1:05:11.095	0:13.179
3	535	FLEMING, Anne	Spokane	10:29.425	00:01:47.2	1:55.501	30:25.595	23.7	0:56.546	22:31.594	00:07:30.5	1:06:18.661	+1:20.745
4	593	EARNHART, Angela	CDA	15:40.637	00:02:40.2	1:48.999	33:23.806	21.6	1:10.165	22:49.402	00:07:36.5	1:14:53.009	+9:55.093
5	547	HEIDINGER, Kim	Spokane	15:47.672	00:02:41.4	2:42.461	31:47.386	22.6	1:11.781	23:30.093	00:07:50.0	1:14:59.393	+10:01.477
6	527	BROMPS, Tana	Spokane Valley	13:06.688	00:02:14.0	1:47.173	33:21.304	21.6	2:39.947	26:30.421	00:08:50.1	1:17:25.533	+12:27.617
7	517	ACHENBACH, Darcy	Spokane	12:47.274	00:02:10.7	1:45.627	34:00.149	21.2	0:49.199	28:15.602	00:09:25.2	1:17:37.851	+12:39.935

* indicates adjustments applied, see last page for details

Valley Girl Triathlon

Division: 35-39 Continued

PL	No	Name	Representing	SWIM	min/100yds	T1	Bike	MPH	T2	RUN	min/mi	Total Time	Back
8	567	LEWIS, Sonja	Liberty Lake	13:37.984	00:02:19.3	2:28.684	34:17.755	21.0	1:14.563	26:47.848	00:08:55.9	1:18:26.834	+13:28.918
9	582	PARDUE, Chris	Spokane	14:29.207	00:02:28.1	2:54.646	34:25.770	20.9	1:31.853	26:03.600	00:08:41.2	1:19:25.076	+14:27.160
10	553	JONES, Kelly	renton WA	13:44.635	00:02:20.5	1:48.505	37:50.654	19.0	1:05.072	25:20.455	00:08:26.8	1:19:49.321	+14:51.405
11	566	LEVITCH, Michelle	Spokane	18:16.163	00:03:06.7	2:37.941	35:31.493	20.3	0:48.436	23:13.666	00:07:44.6	1:20:27.699	+15:29.783
12	526	BOWDEN, Theresa	Greenacres	13:29.834	00:02:18.0	2:43.148	36:45.538	19.6	1:27.398	26:23.799	00:08:47.9	1:20:49.717	+15:51.801
13	785	OTA, Tonya	Spokane	15:01.894	00:02:33.6	3:28.619	35:59.657	20.0	0:51.271	25:40.222	00:08:33.4	1:21:01.663	+16:03.747
14	538	GARSKE, Shana	Colbert	15:34.925	00:02:39.3	2:13.122	33:10.613	21.7	1:32.926	28:34.614	00:09:31.5	1:21:06.200	+16:08.284
15	348	PETERS-MERKEL, Lori	Liberty Lake	18:27.299	00:03:08.6	2:19.877	34:33.195	20.8	1:21.550	24:29.944	00:08:10.0	1:21:11.865	+16:13.949
16	518	AL-HAFIAN, Katie	Spokane	13:18.373	00:02:16.0	4:00.647	35:28.700	20.3	1:34.825	26:51.424	00:08:57.1	1:21:13.969	+16:16.053
17	615	ZERANSKI, Reney	Newman Lake	16:11.596	00:02:45.5	2:36.831	35:33.336	20.2	1:08.145	25:53.127	00:08:37.7	1:21:23.035	+16:25.119
18	540	GILLINGHAM, Erin	Spokane	20:17.885	00:03:27.5	2:30.253	35:18.076	20.4	1:30.812	22:22.041	00:07:27.3	1:21:59.067	+17:01.151
19	569	LORD, Darci	Spokane	13:55.812	00:02:22.4	3:27.545	37:29.235	19.2	1:39.575	26:44.779	00:08:54.9	1:23:16.946	+18:19.030
20	581	NYE, Lianne	Post Falls	12:20.457	00:02:06.1	2:58.378	37:58.721	19.0	2:06.643	28:33.723	00:09:31.2	1:23:57.922	+19:00.006
21	541	GONSALVES-IHRIG, Christina	Coeur d Alene	15:48.529	00:02:41.6	4:19.971	36:23.927	19.8	0:54.493	27:00.613	00:09:00.2	1:24:27.533	+19:29.617
22	532	EMTMAN, Teresa	Valleyford	17:54.034	00:03:03.0	1:55.517	36:34.040	19.7	0:57.677	27:12.279	00:09:04.1	1:24:33.547	+19:35.631
23	587	PHELPS, Danya	Spokane	14:53.163	00:02:32.2	2:32.692	36:21.516	19.8	1:11.188	29:57.093	00:09:59.0	1:24:55.652	+19:57.736
24	583	PARKMAN, Kara	Spokane Valley	12:51.572	00:02:11.4	3:17.516	39:53.515	18.1	0:53.622	28:00.355	00:09:20.1	1:24:56.580	+19:58.664
25	402	VANBELLE-CAMPBELL, Missa	Spokane Valley	17:06.329	00:02:54.8	2:41.948	37:33.801	19.2	0:46.612	27:20.391	00:09:06.8	1:25:29.081	+20:31.165
26	592	RESER, Stacey	Spokane	16:08.409	00:02:45.0	3:42.409	39:41.239	18.1	1:45.877	25:03.719	00:08:21.2	1:26:21.653	+21:23.737
27	530	CUNNINGHAM, Debbie	Spokane	12:20.228	00:02:06.1	3:06.317	41:37.869	17.3	0:53.649	28:26.577	00:09:28.9	1:26:24.640	+21:26.724
28	562	LADD, Michele	Liberty Lake	14:46.349	00:02:31.0	2:38.244	40:04.731	18.0	1:01.096	28:20.477	00:09:26.8	1:26:50.897	+21:52.981
29	571	MALONEY, Kim	Elmhurst	17:44.478	00:03:01.3	3:47.758	39:21.861	18.3	1:12.079	25:46.852	00:08:35.6	1:27:53.028	+22:55.112
30	544	GRANDOS, Patty	Spokane	16:03.090	00:02:44.1	1:54.636	39:03.573	18.4	0:44.285	30:23.280	00:10:07.8	1:28:08.864	+23:10.948
31	599	SCHNEIDER, Heidi	Liberty Lake	14:29.432	00:02:28.1	2:58.154	40:04.683	18.0	1:08.013	29:29.461	00:09:49.8	1:28:09.743	+23:11.827
32	558	KENNY, Kristin	Seattle	14:17.196	00:02:26.0	3:03.428	43:47.412	16.4	1:22.665	25:58.805	00:08:39.6	1:28:29.506	+23:31.590
33	624	DUNNE, Shanna	Liberty Lake	15:55.885	00:02:42.8	2:17.795	37:30.663	19.2	1:31.408	31:14.606	00:10:24.9	1:28:30.357	+23:32.441
34	568	LOHSTROH, Patricia	Spokane	12:50.439	00:02:11.3	3:39.077	38:57.163	18.5	2:20.199	30:51.429	00:10:17.1	1:28:38.307	+23:40.391
35	605	THOMPSON, Leigh-ann	Spokane	16:24.249	00:02:47.7	2:32.713	40:16.283	17.9	0:56.509	28:39.533	00:09:33.2	1:28:49.287	+23:51.371
36	588	PLOSA, Erika	Liberty Lake	13:02.456	00:02:13.3	1:57.709	38:16.505	18.8	1:40.654	33:57.333	00:11:19.1	1:28:54.657	+23:56.741
37	573	MARTIN, Leslie	Spokane	14:45.667	00:02:30.9	2:33.977	38:28.063	18.7	1:53.285	31:36.508	00:10:32.2	1:29:17.500	+24:19.584
38	565	LEISHMAN, Cathy	lynnwood	15:52.155	00:02:42.2	3:11.541	40:21.009	17.8	1:58.446	27:58.332	00:09:19.4	1:29:21.483	+24:23.567
39	579	NICHOLSON, Kristen	spokane	16:43.478	00:02:51.0	2:50.413	40:54.116	17.6	1:01.157	28:13.458	00:09:24.5	1:29:42.622	+24:44.706
40	574	MCGINNIS, Shani	Otis Orchards	16:54.484	00:02:52.8	2:52.153	40:39.662	17.7	1:25.683	27:51.077	00:09:17.0	1:29:43.059	+24:45.143
41	560	KLOPFENSTEIN, Stacie	Spokane Valley	17:30.788	00:02:59.0	3:39.325	37:02.849	19.4	1:48.015	29:46.442	00:09:55.5	1:29:47.419	+24:49.503
42	543	GRAHAM, Heather	Spokane Valley	14:29.071	00:02:28.1	3:08.477	40:09.369	17.9	1:46.586	30:26.038	00:10:08.7	1:29:59.541	+25:01.625
43	602	SPRINGER, Lisa	Spokane	18:35.776	00:03:10.1	4:29.980	41:23.710	17.4	1:39.997	23:53.232	00:07:57.7	1:30:02.695	+25:04.779
44	536	FONTAINE, Traci	Veradale	19:37.228	00:03:20.5	2:47.033	38:28.233	18.7	1:51.144	27:42.538	00:09:14.2	1:30:26.176	+25:28.260
45	522	BALDECK, Michele	Coeur d Alene	16:49.055	00:02:51.9	2:24.293	40:13.244	17.9	1:25.181	30:24.683	00:10:08.2	1:31:16.456	+26:18.540
46	545	GUINN, Megan	Liberty Lake	14:25.340	00:02:27.4	4:23.594	44:39.123	16.1	1:59.683	26:17.014	00:08:45.7	1:31:44.754	+26:46.838
47	550	HOCTOR, Donna	Spokane Valley	18:05.110	00:03:04.9	3:00.410	41:25.334	17.4	0:51.476	28:28.537	00:09:29.5	1:31:50.867	+26:52.951
48	564	LECHTENBERG, Kim	spokane	19:10.711	00:03:16.0	5:08.716	36:56.261	19.5	2:11.659	28:30.530	00:09:30.2	1:31:57.877	+26:59.961
49	548	HETTICK, Elaine	Gig Harbor	19:32.670	00:03:19.8	2:43.339	39:36.407	18.2	0:49.671	29:19.551	00:09:46.5	1:32:01.638	+27:03.722
50	524	BLACK, Keichelle	Redmond	16:55.279	00:02:53.0	2:47.383	37:07.440	19.4	2:13.952	34:08.434	00:11:22.8	1:33:12.488	+28:14.572
51	542	GRABOWSKI, Kenda	Veradale	16:09.014	00:02:45.1	4:09.043	43:12.614	16.7	2:02.670	28:13.139	00:09:24.4	1:33:46.480	+28:48.564
52	607	TREJO, Tina	Spokane	19:55.865	00:03:23.7	2:21.952	38:29.131	18.7	2:01.251	31:13.317	00:10:24.4	1:34:01.516	+29:03.600
53	528	BUNN, Tamalyn	Spokane	18:13.073	00:03:06.2	3:39.240	42:40.613	16.9	1:36.653	28:19.349	00:09:26.4	1:34:28.928	+29:31.012
54	611	ROSSELET, Traci	Colbert	17:51.178	00:03:02.5	3:13.170	43:43.378	16.5	1:04.355	29:09.141	00:09:43.0	1:35:01.222	+30:03.306

* indicates adjustments applied, see last page for details

Valley Girl Triathlon

Division: 35-39 Continued

PL	No	Name	Representing	SWIM	min/100yds	T1	Bike	MPH	T2	RUN	min/mi	Total Time	Back
55	584	PENNINGTON, Rosie	Coeur d Alene	20:24.208	00:03:28.6	2:39.585	38:23.805	18.8	2:38.482	31:30.888	00:10:30.3	1:35:36.968	+30:39.052
56	606	TOWNSEND, Melissa	Spokane	20:01.629	00:03:24.7	5:14.464	43:13.701	16.7	0:57.607	26:56.437	00:08:58.8	1:36:23.838	+31:25.922
57	577	MUZATKO, Cathy	Spokane WA	18:29.742	00:03:09.1	2:55.139	37:41.533	19.1	1:07.514	36:16.244	00:12:05.4	1:36:30.172	+31:32.256
58	519	BACKER, Amy	Otis Orchards	22:17.156	00:03:47.8	4:45.693	38:02.614	18.9	1:41.371	30:06.166	00:10:02.1	1:36:53.000	+31:55.084
59	598	SCHLOSSER, Karen	spokane	21:31.008	00:03:39.9	3:41.437	41:15.527	17.4	1:32.903	29:04.890	00:09:41.6	1:37:05.765	+32:07.849
60	585	PERDUE, Kim	Colbert	18:10.894	00:03:05.8	3:07.313	43:51.520	16.4	2:14.219	30:08.028	00:10:02.7	1:37:31.974	+32:34.058
61	786	PERRY, Cheryl	Spokane	19:08.237	00:03:15.6	3:37.056	39:13.898	18.4	1:13.473	34:45.264	00:11:35.1	1:37:57.928	+33:00.012
62	534	ESTUAR, Carrie	Spokane	16:30.784	00:02:48.8	5:26.676	39:39.583	18.1	3:04.564	33:39.339	00:11:13.1	1:38:20.946	+33:23.030
63	609	URBIHA, Natalie	Liberty Lake	17:26.240	00:02:58.2	2:45.530	42:14.596	17.0	0:47.692	35:10.612	00:11:43.5	1:38:24.670	+33:26.754
64	600	SHAWEN, Lisa	Colbert	13:57.763	00:02:22.7	2:52.534	46:56.387	15.3	0:58.923	33:46.134	00:11:15.4	1:38:31.741	+33:33.825
65	523	BENNETT, Denise	Rathdrum	18:32.356	00:03:09.5	3:15.961	42:12.289	17.1	2:31.553	34:18.295	00:11:26.1	1:40:50.454	+35:52.538
66	559	KIOURKAS, Carolyn	Spokane Valley	16:22.256	00:02:47.3	4:21.101	45:39.284	15.8	2:05.784	32:28.075	00:10:49.4	1:40:56.500	+35:58.584
67	586	PETERSON, Jody	Spokane	15:10.916	00:02:35.2	4:01.236	44:40.638	16.1	1:30.420	37:54.049	00:12:38.0	1:43:17.259	+38:19.343
68	580	NILES, Kelly	Liberty Lake	24:02.883	00:04:05.8	2:58.270	39:35.771	18.2	2:15.989	39:27.583	00:13:09.2	1:48:20.496	+43:22.580
69	525	BOUDER, Heidi	Coeur d Alene	36:30.848	00:06:13.2	2:57.924	38:06.024	18.9	3:52.805	28:39.805	00:09:33.3	1:50:07.406	+45:09.490
70	614	WILLBRANDT, Joyce	Issaquah	23:30.058	00:04:00.2	3:35.851	44:40.060	16.1	3:16.128	36:18.727	00:12:06.2	1:51:20.824	+46:22.908
71	572	MARTIN, Lisa	Spokane	17:44.416	00:03:01.3	4:19.974	43:15.150	16.6	4:38.586	41:30.316	00:13:50.1	1:51:28.442	+46:30.526
72	597	SAVAGE, Kristin	Spokane Valley	17:18.887	00:02:57.0	5:34.159	49:07.899	14.7	3:14.263	36:16.532	00:12:05.5	1:51:31.740	+46:33.824
73	761	PUKKILA, Alyssa	Post Falls	18:04.269	00:03:04.7	4:02.264	46:24.681	15.5	1:57.895	44:28.772	00:14:49.6	1:54:57.881	+49:59.965
74	546	HANLON, Laurie	Deer Park	31:01.424	00:05:17.1	4:10.298	45:48.261	15.7	2:02.708	32:08.428	00:10:42.8	1:55:11.119	+50:13.203
75	608	TREMBECKY, Sabrina	SPOKANE	19:34.366	00:03:20.1	4:17.225	45:10.807	15.9	2:52.404	43:48.017	00:14:36.0	1:55:42.819	+50:44.903
76	520	BAILEY, Gayle	Spokane	18:51.195	00:03:12.7	3:47.643	47:29.240	15.2	1:46.444	43:48.472	00:14:36.2	1:55:42.994	+50:45.078
77	563	LANE, Janet	Spokane	25:23.452	00:04:19.5	3:57.356	45:05.481	16.0	2:05.569	40:08.311	00:13:22.8	1:56:40.169	+51:42.253
78	595	ROSE, Tarina	Spokane	25:38.274	00:04:22.1	3:10.172	47:20.332	15.2	3:01.134	41:06.522	00:13:42.2	2:00:16.434	+55:18.518
79	561	KROTZER, Wendy	SPOKANE	20:02.648	00:03:24.9	4:37.162	54:45.271	13.2	2:15.548	39:12.604	00:13:04.2	2:00:53.233	+55:55.317
80	589	PRETE, Sally	Spokane Valley	20:37.649	00:03:30.8	8:49.544	49:13.349	14.6	4:39.618	38:20.572	00:12:46.9	2:01:40.732	+56:42.816
81	604	SWEENEY, Tamara	Sammamish	25:13.269	00:04:17.8	5:21.637	55:22.194	13.0	2:09.186	34:57.339	00:11:39.1	2:03:03.625	+58:05.709
82	537	GARMAN, Tonya	Spokane	25:11.822	00:04:17.6	5:18.077	55:24.211	13.0	3:04.303	34:05.345	00:11:21.8	2:03:03.758	+58:05.842
83	552	JOHNSON, Sheri	Spokane	18:37.438	00:03:10.4	1:51.612	49:31.999	14.5	3:58.427	51:43.028	00:17:14.3	2:05:42.504	+1:00:44.588
84	516	ACHEN, Davina	Otis Orchards	23:21.288	00:03:58.7	5:58.055	57:09.053	12.6	6:12.496	1:01:33.788	00:20:31.3	2:34:14.680	+1:29:16.764
85	575	MESSER, Michelle	Liberty Lake	25:54.544	00:04:24.8	7:16.193	1:11:38.510	10.1	2:50.026	54:56.555	00:18:18.9	2:42:35.828	+1:37:37.912
86	529	BURCHETT, Marcy	Deer Park	25:56.987	00:04:25.2	6:30.073	1:12:28.714	9.9	8:05.738	1:09:08.290	00:23:02.8	3:02:09.802	+1:57:11.886
0	521	BAKER, Mindy	Spokane		00:00:00.0			INF.0			00:00:00.0	DNS	
0	533	ENDERS, Kristen	Coeur d Alene		00:00:00.0			INF.0			00:00:00.0	DNS	
0	539	GIES, Bridget	Spokane		00:00:00.0			INF.0			00:00:00.0	DNS	
0	549	HIDEG, Alisa	Spokane		00:00:00.0			INF.0			00:00:00.0	DNS	
0	554	JONES, Ann	Spokane		00:00:00.0			INF.0			00:00:00.0	DNS	
0	555	KECK, Annmarie	Greenacres		00:00:00.0			INF.0			00:00:00.0	DNS	
0	590	PREUNINGER, Lori	Spokane		00:00:00.0			INF.0			00:00:00.0	DNS	
0	591	PURCELL, Jennifer	Spokane		00:00:00.0			INF.0			00:00:00.0	DNS	
0	601	SOLA, Susie	greenacres		00:00:00.0			INF.0			00:00:00.0	DNS	
0	610	VANDYKE, Margy	fircrest		00:00:00.0			INF.0			00:00:00.0	DNS	
0	613	WARD, Anita	Hayden		00:00:00.0			INF.0			00:00:00.0	DNS	
0	612	WARD, Staci	spokane		00:00:00.0			INF.0			00:00:00.0	DNS	

* indicates adjustments applied, see last page for details

Valley Girl Triathlon

Division: 40-44

PL	No	Name	Representing	SWIM	min/100yds	T1	Bike	MPH	T2	RUN	min/mi	Total Time	Back
1	638	KEISER, Gwen	Renton	14:13.267	00:02:25.4	1:58.808	31:26.373	22.9	1:52.349	21:13.155	00:07:04.4	1:10:43.952	0:00.000
2	659	WINDLIN-JANSEN, Eva	Valleyford	14:53.449	00:02:32.2	1:51.680	30:49.890	23.4	1:19.322	22:41.491	00:07:33.8	1:11:35.832	0:51.880
3	652	SHAUVIN, Jean	Spokane	15:44.033	00:02:40.8	2:13.767	34:33.140	20.8	1:46.226	23:42.253	00:07:54.1	1:17:59.419	+7:15.467
4	619	BEAULAURIER, Kelli	Spokane	15:52.935	00:02:42.3	2:20.549	33:23.063	21.6	1:42.330	24:47.754	00:08:15.9	1:18:06.631	+7:22.679
5	633	GILGER, Barb	Cheney	13:37.496	00:02:19.3	2:14.762	36:35.222	19.7	1:17.722	26:22.660	00:08:47.6	1:20:07.862	+9:23.910
6	650	NIEDENZU, Birgid	harrison ID	13:38.296	00:02:19.4	3:14.625	37:18.867	19.3	1:06.782	25:23.144	00:08:27.7	1:20:41.714	+9:57.762
7	623	BROWNING, Kynda	Fairfield	16:11.784	00:02:45.6	2:17.013	33:57.339	21.2	2:16.575	26:11.997	00:08:44.0	1:20:54.708	+10:10.756
8	637	KEISER, Melanie	Liberty Lake	16:21.063	00:02:47.1	2:01.510	35:28.236	20.3	1:41.084	26:00.952	00:08:40.3	1:21:32.845	+10:48.893
9	641	MALICO, Jane	kirkland	16:08.549	00:02:45.0	2:25.933	36:36.497	19.7	1:28.436	25:13.703	00:08:24.6	1:21:53.118	+11:09.166
10	628	FECHNER, Julie	Marshall WA	14:58.179	00:02:33.0	2:51.804	37:12.583	19.4	2:08.965	26:23.627	00:08:47.9	1:23:35.158	+12:51.206
11	663	YOWELL, Patrice	Missoula MT	14:45.697	00:02:30.9	3:47.640	38:12.578	18.8	2:28.213	25:10.675	00:08:23.6	1:24:24.803	+13:40.851
12	651	NYE, Christina	Spokane	14:50.532	00:02:31.7	3:09.271	39:50.167	18.1	2:51.177	24:03.732	00:08:01.2	1:24:44.879	+14:00.927
13	661	WYBORNEY, Daryce	Veradale	16:27.292	00:02:48.2	2:40.450	38:36.123	18.6	2:05.967	26:15.105	00:08:45.0	1:26:04.937	+15:20.985
14	626	DELEEUW, Jan	Spokane	15:39.098	00:02:40.0	4:33.098	41:31.204	17.3	1:54.964	22:52.670	00:07:37.6	1:26:31.034	+15:47.082
15	649	MORGAN, Melissa	Omak	14:48.516	00:02:31.4	3:48.145	36:58.853	19.5	1:14.099	29:43.038	00:09:54.3	1:26:32.651	+15:48.699
16	620	BILLINGSLEA, Alessandra	Post Falls	19:12.495	00:03:16.3	2:36.837	35:13.989	20.4	2:39.159	27:13.750	00:09:04.6	1:26:56.230	+16:12.278
17	632	GARDNER, Liz	Spokane	18:24.230	00:03:08.1	2:45.961	35:32.298	20.3	1:57.877	29:27.946	00:09:49.3	1:28:08.312	+17:24.360
18	622	BOZO, Holly	Spokane	19:20.052	00:03:17.6	3:28.109	36:46.999	19.6	3:04.405	26:57.740	00:08:59.2	1:29:37.305	+18:53.353
19	634	HANCE-BRANCATI, Amy	Burien WA	19:20.257	00:03:17.7	2:45.964	42:01.557	17.1	1:32.003	26:50.584	00:08:56.9	1:32:30.365	+21:46.413
20	660	WUNSCH, Melissa	Spokane	17:23.905	00:02:57.8	4:18.455	38:16.474	18.8	3:01.240	30:44.935	00:10:15.0	1:33:45.009	+23:01.057
21	648	MIMS, Jenny	Veradale	22:40.373	00:03:51.8	5:51.550	34:59.218	20.6	3:46.420	27:06.253	00:09:02.1	1:34:23.814	+23:39.862
22	667	BACON-HORD, Kelly	Nine Mile Falls	19:31.274	00:03:19.5	2:34.775	41:16.594	17.4	1:43.008	30:04.210	00:10:01.4	1:35:09.861	+24:25.909
23	655	TRUJILLO-GILBERT, Debra	Spokane	21:35.369	00:03:40.7	2:49.246	39:27.658	18.2	3:07.869	28:29.559	00:09:29.9	1:35:29.701	+24:45.749
24	654	SWESEY, Sharrie	Greenacres	21:56.209	00:03:44.2	2:49.335	41:18.795	17.4	1:33.108	28:28.040	00:09:29.3	1:36:05.487	+25:21.535
25	657	VOPALENSKY, Mary	spokane	20:02.133	00:03:24.8	4:10.041	40:43.760	17.7	2:32.622	31:04.562	00:10:21.5	1:38:33.118	+27:49.166
26	658	WILLIAMS, Kristin	Greenacres	16:04.056	00:02:44.2	3:49.744	44:56.546	16.0	2:27.745	33:09.202	00:11:03.1	1:40:27.293	+29:43.341
27	618	ADAMSON, Krista	Coeur d Alene	20:44.826	00:03:32.1	5:16.191	39:41.641	18.1	2:46.623	32:24.924	00:10:48.3	1:40:54.205	+30:10.253
28	322	WEBER, Denise	Spokane	20:56.793	00:03:34.1	4:12.074	45:16.297	15.9	1:43.663	29:20.047	00:09:46.7	1:41:28.874	+30:44.922
29	656	TYYNISMAA, Terri	Walla Walla	13:15.365	00:02:15.5	2:21.350	43:56.321	16.4	1:46.682	40:16.903	00:13:25.6	1:41:36.621	+30:52.669
30	483	JONES, Cheryl	Nine Mile Falls	18:00.194	00:03:04.0	3:20.759	41:26.990	17.4	2:06.152	39:34.514	00:13:11.5	1:44:28.609	+33:44.657
31	629	SCHMIDT, Tracy	CDA	20:30.255	00:03:29.6	5:07.680	42:47.814	16.8	5:25.587	31:21.736	00:10:27.2	1:45:13.072	+34:29.120
32	662	WYND, Wendy	cheney	18:58.924	00:03:14.0	4:12.162	45:47.498	15.7	2:18.753	34:58.441	00:11:39.5	1:46:15.778	+35:31.826
33	653	SOTHERS, Mona	Auburn	19:05.459	00:03:15.1	6:10.728	47:05.660	15.3	2:56.537	32:13.976	00:10:44.7	1:47:32.360	+36:48.408
34	625	CUMMINGS, Denise	Chattaroy	19:11.691	00:03:16.2	5:07.952	43:47.832	16.4	3:43.473	36:21.268	00:12:07.1	1:48:12.216	+37:28.264
35	627	DEMERT, Lisa	Spokane	20:02.253	00:03:24.8	5:08.372	44:29.241	16.2	3:09.686	36:31.864	00:12:10.6	1:49:21.416	+38:37.464
36	630	FINE, Regeena	Spokane	24:58.591	00:04:15.3	7:16.393	45:15.613	15.9	4:14.382	27:36.540	00:09:12.2	1:49:21.519	+38:37.567
37	646	MILLER, Laurie	Seattle	17:36.315	00:03:00.0	4:36.069	45:41.169	15.8	6:30.527	39:31.376	00:13:10.5	1:53:55.456	+43:11.504
38	647	MILLS, Lisa	Seattle	17:33.837	00:02:59.5	4:43.540	45:26.190	15.8	6:38.359	39:33.646	00:13:11.2	1:53:55.572	+43:11.620
39	642	MATISKA, Joann	Spokane	21:35.733	00:03:40.7	4:36.961	47:40.530	15.1	2:40.040	37:23.304	00:12:27.8	1:53:56.568	+43:12.616
40	635	HAYES, Angela	Spokane	20:13.261	00:03:26.7	3:51.401	51:20.300	14.0	2:17.124	39:12.226	00:13:04.1	1:56:54.312	+46:10.360
41	640	LOWDON, Melissa	Greenacres	23:49.458	00:04:03.5	4:31.656	52:27.955	13.7	2:42.864	41:01.495	00:13:40.5	2:04:33.428	+53:49.476
42	639	LAND, Chris	Coeur d Alene	30:28.601	00:05:11.5	4:54.867	43:46.208	16.4	3:46.826	43:05.384	00:14:21.8	2:06:01.886	+55:17.934
43	631	FULTON, Bonnie	CDA	20:59.850	00:03:34.6	5:24.708	50:21.818	14.3	3:29.440	47:18.495	00:15:46.2	2:07:34.311	+56:50.359
0	617	ABBOTT, Becca	Spokane		00:00:00.0			INF.0			00:00:00.0	DNS	
0	621	BOUCHER, Shelley	Greenacres		00:00:00.0			INF.0			00:00:00.0	DNS	
0	636	HAYMAN, Terri	Veradale		00:00:00.0			INF.0			00:00:00.0	DNS	
0	644	MCPHERON, Mary	Colbert		00:00:00.0			INF.0			00:00:00.0	DNS	

* indicates adjustments applied, see last page for details

Valley Girl Triathlon

Division: 40-44 Continued

PL	No	Name	Representing	SWIM	min/100yds	T1	Bike	MPH	T2	RUN	min/mi	Total Time	Back
0	645	MEEK, Mary	Spokane		00:00:00.0			INF.0			00:00:00.0	DNS	

Division: 45-49

PL	No	Name	Representing	SWIM	min/100yds	T1	Bike	MPH	T2	RUN	min/mi	Total Time	Back
1	697	SHAW, Mary Jo	Coeur d Alene	13:11.613	00:02:14.9	1:51.499	34:16.230	21.0	1:41.959	21:57.865	00:07:19.3	1:12:59.166	0:00.000
2	665	ARMACOST, Cathy	Liberty Lake	14:15.005	00:02:25.7	1:34.942	33:50.819	21.3	1:20.143	23:45.917	00:07:55.3	1:14:46.826	+1:47.660
3	668	BEST, Kathi	Spokane	13:06.533	00:02:14.0	1:48.126	36:35.138	19.7	1:00.380	25:36.029	00:08:32.0	1:18:06.206	+5:07.040
4	703	VENTERS, Linda	Spokane	15:43.546	00:02:40.7	2:13.155	36:01.044	20.0	1:51.637	26:31.718	00:08:50.6	1:22:21.100	+9:21.934
5	302	LINDSAY, Margaret	Spokane	14:24.754	00:02:27.3	2:48.629	33:49.075	21.3	2:05.570	29:13.336	00:09:44.4	1:22:21.364	+9:22.198
6	671	DAVIS, Valorie	Post Falls	16:07.613	00:02:44.8	2:40.623	36:30.231	19.7	1:59.739	26:41.020	00:08:53.7	1:23:59.226	+11:00.060
7	698	SMITH-HOUN, Shelley	Liberty Lake	15:15.325	00:02:35.9	2:16.016	39:13.365	18.4	1:44.569	27:37.796	00:09:12.6	1:26:07.071	+13:07.905
8	672	DETAR, Cynthia	Post Falls	16:04.899	00:02:44.4	3:06.371	36:46.919	19.6	2:46.639	27:42.493	00:09:14.2	1:26:27.321	+13:28.155
9	687	MCPAUL, Maggy	cda	17:50.218	00:03:02.3	3:56.087	35:41.575	20.2	2:43.710	26:23.117	00:08:47.7	1:26:34.707	+13:35.541
10	684	MATTHEWS, Sue	Spokane	19:28.658	00:03:19.1	4:40.111	34:39.950	20.8	2:53.817	27:21.981	00:09:07.3	1:29:04.517	+16:05.351
11	664	ANDERSON, Roni	Coeur d Alene	17:50.375	00:03:02.3	3:57.033	36:17.299	19.8	2:22.239	28:54.922	00:09:38.3	1:29:21.868	+16:22.702
12	679	HUNT, Kelly	Spokane	19:47.787	00:03:22.3	3:52.245	36:00.583	20.0	3:50.787	27:37.171	00:09:12.4	1:31:08.573	+18:09.407
13	674	FROELICH, Karen	Liberty Lake	15:42.775	00:02:40.6	2:05.655	40:54.807	17.6	1:33.456	32:18.671	00:10:46.2	1:32:35.364	+19:36.198
14	692	PETRIE, Linda	Spokane	16:36.575	00:02:49.8	4:19.526	42:44.316	16.9	1:56.951	29:27.238	00:09:49.1	1:35:04.606	+22:05.440
15	676	GOEHRING, Brenda	Colbert	18:51.778	00:03:12.8	2:59.756	39:07.115	18.4	1:42.082	33:11.176	00:11:03.7	1:35:51.907	+22:52.741
16	700	STOEHR, Wendy	Spokane	22:58.496	00:03:54.8	4:14.209	43:41.372	16.5	2:29.477	25:42.475	00:08:34.2	1:39:06.029	+26:06.863
17	683	LYONS, Stephanie	Spokane	23:59.562	00:04:05.2	3:21.742	39:56.104	18.0	2:48.332	30:59.546	00:10:19.8	1:41:05.286	+28:06.120
18	688	MILLER, Beth	Liberty Lake	23:11.716	00:03:57.1	3:41.186	44:55.009	16.0	2:08.923	29:35.977	00:09:52.0	1:43:32.811	+30:33.645
19	677	GREGG, Nita	Spokane	20:08.069	00:03:25.8	4:05.232	49:37.032	14.5	1:46.377	27:57.687	00:09:19.2	1:43:34.397	+30:35.231
20	670	CURTIS, Janice	Wilmington	21:23.834	00:03:38.7	4:00.144	52:39.770	13.7	1:21.550	24:40.459	00:08:13.5	1:44:05.757	+31:06.591
21	596	WILSON, Kathie	Rathdrum	20:01.893	00:03:24.8	6:19.157	43:41.136	16.5	2:03.705	32:42.573	00:10:54.2	1:44:48.464	+31:49.298
22	675	GERAGHTY, Sheila	Spokane	19:19.037	00:03:17.5	4:18.119	43:09.666	16.7	3:01.572	37:33.178	00:12:31.1	1:47:21.572	+34:22.406
23	695	SAHAGIAN, Janice	Spokane	16:14.705	00:02:46.0	2:47.171	44:47.183	16.1	2:10.432	41:30.285	00:13:50.1	1:47:29.776	+34:30.610
24	686	MCEVOY, Shari	Garfield	20:31.610	00:03:29.8	12:01.840	44:35.551	16.1	3:50.735	32:16.472	00:10:45.5	1:53:16.208	+40:17.042
25	701	THOMAS, Marlene	Mead	20:54.280	00:03:33.7	5:14.587	47:33.042	15.1	2:46.661	38:35.412	00:12:51.8	1:55:03.982	+42:04.816
26	678	HENDRICK, Trish	Spokane	21:27.488	00:03:39.3	3:40.734	50:48.308	14.2	2:32.138	36:41.572	00:12:13.9	1:55:10.240	+42:11.074
27	681	IVERSON, Shannon	Mead	30:31.048	00:05:11.9	4:35.441	40:24.198	17.8	4:54.733	35:47.962	00:11:56.0	1:56:13.382	+43:14.216
28	669	BRAYMAN, Diana	Spokane	21:25.436	00:03:39.0	5:08.170	48:18.119	14.9	3:11.385	38:24.491	00:12:48.2	1:56:27.601	+43:28.435
29	694	ROBSON, Susan	deer park	24:10.828	00:04:07.2	5:07.882	1:00:03.799	12.0	1:58.981	35:03.971	00:11:41.3	2:06:25.461	+53:26.295
0	680	ISAAK, Mary	Coulee City		00:00:00.0			INF.0			00:00:00.0	DNS	
0	682	LINEHAN, Michelle	Spokane		00:00:00.0			INF.0			00:00:00.0	DNS	
0	685	MAXWELL, Charmaine	Spokane		00:00:00.0			INF.0			00:00:00.0	DNS	
0	689	MORENO LORENZ, Maryann	Spokane		00:00:00.0			INF.0			00:00:00.0	DNS	
0	691	NOTRICA, Debra	Spokane Valley		00:00:00.0			INF.0			00:00:00.0	DNS	
0	693	QUIGLEY, Lisa	Spokane		00:00:00.0			INF.0			00:00:00.0	DNS	
0	699	STAM, Cathy	Athol		00:00:00.0			INF.0			00:00:00.0	DNS	
0	702	TIDD, Lisa	Spokane		00:00:00.0			INF.0			00:00:00.0	DNS	

Division: 50-54

PL	No	Name	Representing	SWIM	min/100yds	T1	Bike	MPH	T2	RUN	min/mi	Total Time	Back
1	643	MCSWEENEY, Carol	Spokane	16:29.965	00:02:48.6	2:50.871	38:39.992	18.6	1:11.465	22:08.717	00:07:22.9	1:21:21.010	0:00.000
2	709	DORMAIER, Connie	Spokane	13:57.019	00:02:22.6	2:42.882	36:59.735	19.5	1:53.343	26:09.525	00:08:43.2	1:21:42.504	0:21.494

* indicates adjustments applied, see last page for details

Valley Girl Triathlon

Division: 50-54 Continued

PL	No	Name	Representing	SWIM	min/100yds	T1	Bike	MPH	T2	RUN	min/mi	Total Time	Back
3	715	LANE, Martha	Bellevue WA	14:38.335	00:02:29.6	3:28.401	35:27.326	20.3	2:22.652	25:48.339	00:08:36.1	1:21:45.053	0:24.043
4	730	WARNER, Colleen	Spokane	15:32.165	00:02:38.8	2:35.169	36:44.193	19.6	1:47.272	26:46.407	00:08:55.5	1:23:25.206	+2:04.196
5	728	VANWERT, Debbie	Spokane	14:24.702	00:02:27.3	3:40.512	37:19.881	19.3	2:05.697	27:23.093	00:09:07.7	1:24:53.885	+3:32.875
6	718	NIEMCZYK, Colleen	Spokane	15:42.473	00:02:40.6	5:00.931	36:04.092	20.0	1:09.576	29:24.069	00:09:48.0	1:27:21.141	+6:00.131
7	722	ROEMER, Char	Spokane	16:21.766	00:02:47.3	2:57.598	37:09.023	19.4	2:06.521	29:42.994	00:09:54.3	1:28:17.902	+6:56.892
8	731	WARNER, Ann	Liberty Lake	15:50.024	00:02:41.8	2:57.873	41:06.026	17.5	1:48.526	27:02.309	00:09:00.8	1:28:44.758	+7:23.748
9	706	CAMP, Janet	Spokane	14:05.316	00:02:24.0	3:04.658	39:12.305	18.4	2:31.525	30:02.088	00:10:00.7	1:28:55.892	+7:34.882
10	712	FOUQUETTE, Louise	Otis Orchards	20:54.250	00:03:33.7	2:09.906	37:03.340	19.4	1:29.873	30:11.264	00:10:03.8	1:31:48.633	+10:27.623
11	707	DEBENHAM, Terry	Spokane	15:31.182	00:02:38.6	3:11.498	40:55.234	17.6	1:12.993	30:57.989	00:10:19.3	1:31:48.896	+10:27.886
12	719	PRESTON, Joyce	Post Falls	15:42.932	00:02:40.6	4:35.908	40:07.626	17.9	2:56.172	28:36.602	00:09:32.2	1:31:59.240	+10:38.230
13	721	RINCK, Diane	Spokane	15:34.728	00:02:39.2	3:58.819	37:28.783	19.2	2:54.479	32:19.213	00:10:46.4	1:32:16.022	+10:55.012
14	720	RIGGS, Danielle	Spokane	16:14.763	00:02:46.1	3:03.421	41:51.508	17.2	2:33.501	30:23.074	00:10:07.7	1:34:06.267	+12:45.257
15	711	EVANS, Mary Anne	Liberty Lake	19:04.081	00:03:14.9	3:27.382	39:18.832	18.3	2:07.559	31:28.001	00:10:29.3	1:35:25.855	+14:04.845
16	729	WALSH, Sheryl	Bothell	13:54.139	00:02:22.1	2:50.237	43:00.272	16.7	2:27.276	34:41.915	00:11:34.0	1:36:53.839	+15:32.829
17	723	CLEMENS, Rebecca	Spokane	19:42.305	00:03:21.4	3:11.040	42:04.460	17.1	1:37.631	31:30.022	00:10:30.0	1:38:05.458	+16:44.448
18	732	ZURCHER, Brenda	Spokane	16:48.407	00:02:51.8	4:31.848	41:13.675	17.5	2:30.448	34:25.318	00:11:28.4	1:39:29.696	+18:08.686
19	708	DESMARAIS, Deborah	Hayden Lake	20:02.878	00:03:24.9	5:20.330	41:11.213	17.5	3:51.936	32:28.618	00:10:49.5	1:42:54.975	+21:33.965
20	714	LAMP, Theresa	Spokane	18:35.130	00:03:10.0	3:00.964	42:38.588	16.9	1:38.284	37:07.013	00:12:22.3	1:42:59.979	+21:38.969
21	710	EKVALL, Jeanne	Brewster	19:20.417	00:03:17.7	4:46.705	45:13.108	15.9	1:01.257	35:35.298	00:11:51.8	1:45:56.785	+24:35.775
22	716	LARSON, Marla	Liberty Lake	18:04.016	00:03:04.7	9:09.334	42:41.489	16.9	2:44.359	33:24.576	00:11:08.2	1:46:03.774	+24:42.764
23	713	HEMINGWAY, Janie	Spokane	23:19.018	00:03:58.3	3:57.196	43:21.191	16.6	2:02.954	33:23.928	00:11:08.0	1:46:04.287	+24:43.277
24	704	AUSTIN, Kate	Post Falls	20:27.824	00:03:29.2	5:40.974	44:31.226	16.2	4:32.444	51:55.533	00:17:18.5	2:07:08.001	+45:46.991
25	724	SHELLING, Hannah	Newport	23:10.436	00:03:56.9	4:42.817	54:03.339	13.3	2:41.806	42:37.755	00:14:12.6	2:07:16.153	+45:55.143
0	705	BLEVINS, Laurie Summers	Spokane		00:00:00.0			INF.0			00:00:00.0	DNS	
0	725	STEVENSON, Gail	Spokane		00:00:00.0			INF.0			00:00:00.0	DNS	
0	726	SUMMERFIELD, Beth	Sacramento		00:00:00.0			INF.0			00:00:00.0	DNS	
0	727	TELLER, Pamela	Marina del Rey CA		00:00:00.0			INF.0			00:00:00.0	DNS	

Division: 55-59

PL	No	Name	Representing	SWIM	min/100yds	T1	Bike	MPH	T2	RUN	min/mi	Total Time	Back
1	751	MYERS, Norma	Spokane WA	15:18.015	00:02:36.4	2:27.205	36:21.840	19.8	1:51.811	28:33.948	00:09:31.3	1:24:32.819	0:00.000
2	738	ERIKSON, Nancy	Liberty Lake	17:20.879	00:02:57.3	2:33.613	36:59.670	19.5	1:39.841	26:51.200	00:08:57.1	1:25:25.203	0:52.384
3	745	LAVICK, Gloria	Fircrest	15:41.814	00:02:40.4	4:40.739	38:42.008	18.6	1:37.412	30:38.417	00:10:12.8	1:31:20.390	+6:47.571
4	734	CAMPBELL, Carol	Renton	17:34.475	00:02:59.6	3:35.215	38:17.959	18.8	2:53.499	29:01.971	00:09:40.7	1:31:23.119	+6:50.300
5	742	HUGHES-SMITH, Maggie	Mead	22:23.940	00:03:49.0	3:39.760	38:20.085	18.8	2:28.048	26:29.840	00:08:49.9	1:33:21.673	+8:48.854
6	753	PRENGER, Sallye	Spokane	15:37.377	00:02:39.7	3:37.396	39:51.787	18.1	1:42.262	34:28.009	00:11:29.3	1:35:16.831	+10:44.012
7	746	LECLAIRE, Kay	Spokane	16:49.721	00:02:52.0	3:54.905	42:26.230	17.0	2:09.895	32:08.733	00:10:42.9	1:37:29.484	+12:56.665
8	717	MORIARTY, Diane	Spokane Valley	18:54.536	00:03:13.3	2:39.719	41:37.906	17.3	1:50.094	34:45.772	00:11:35.3	1:39:48.027	+15:15.208
9	744	LAVAGETTO, Melody	Spokane	19:00.195	00:03:14.2	2:53.540	45:07.090	16.0	1:21.136	34:05.846	00:11:21.9	1:42:27.807	+17:54.988
10	741	HERN, Carol	Spokane	24:50.143	00:04:13.9	4:32.346	42:43.245	16.9	2:17.344	28:43.081	00:09:34.4	1:43:06.159	+18:33.340
11	756	ULBRIGHT, Bonnie	Colbert	23:05.468	00:03:56.0	6:22.618	43:01.102	16.7	2:55.539	29:09.069	00:09:43.0	1:44:33.796	+20:00.977
12	733	BRATTEBO, Bette	Liberty Lake	19:36.516	00:03:20.4	5:13.928	43:55.943	16.4	4:08.846	33:36.908	00:11:12.3	1:46:32.141	+21:59.322
13	740	HALER, Nancy	Coeur d Alene	17:47.880	00:03:01.9	6:52.767	43:27.953	16.6	4:56.927	37:10.630	00:12:23.5	1:50:16.157	+25:43.338
14	736	CROWLEY, Paulette	Rosalia	19:36.148	00:03:20.4	4:26.251	49:59.326	14.4	2:06.930	34:50.081	00:11:36.7	1:50:58.736	+26:25.917
15	752	PAYSSE, Rachel	Mercer Island WA	16:12.041	00:02:45.6	4:03.367	48:45.661	14.8	3:19.088	38:42.523	00:12:54.2	1:51:02.680	+26:29.861
16	757	WOLFERTMAN, Sonja	Spokane	23:27.089	00:03:59.7	3:38.115	48:53.365	14.7	1:35.540	34:20.785	00:11:26.9	1:51:54.894	+27:22.075
17	737	DANIEL, Karman	Colbert	23:00.596	00:03:55.2	3:15.596	44:12.275	16.3	3:34.713	42:56.007	00:14:18.7	1:56:59.187	+32:26.368

* indicates adjustments applied, see last page for details

Valley Girl Triathlon

Division: 55-59 Continued

PL	No	Name	Representing	SWIM	min/100yds	T1	Bike	MPH	T2	RUN	min/mi	Total Time	Back
18	735	COYNE, Eileen	Mercer Island WA	16:50.546	00:02:52.2	5:32.352	46:30.303	15.5	3:42.791	44:25.163	00:14:48.4	1:57:01.155	+32:28.336
19	743	HUNT, Karen	Medical Lake	19:50.931	00:03:22.9	4:22.091	50:18.132	14.3	4:45.023	38:00.620	00:12:40.2	1:57:16.797	+32:43.978
20	754	SCHOONMAKER, Gail	Post Falls	22:56.836	00:03:54.6	6:07.709	49:42.381	14.5	3:01.634	38:17.549	00:12:45.8	2:00:06.109	+35:33.290
21	747	MAAK, Barbara	Greenacres	23:07.314	00:03:56.3	6:06.094	48:20.225	14.9	2:54.414	41:48.871	00:13:56.3	2:02:16.918	+37:44.099
22	749	MARINELLA, Carol	Spokane	26:11.368	00:04:27.7	4:57.764	49:42.028	14.5	2:10.516	39:44.392	00:13:14.8	2:02:46.068	+38:13.249
23	739	GREENBERG, Susan	Salt Lake City UT	23:38.218	00:04:01.6	4:16.636	47:09.799	15.3	3:51.964	45:27.789	00:15:09.3	2:04:24.406	+39:51.587
24	755	SMITH, Darlene	Hayden	23:15.778	00:03:57.8	6:14.011	57:14.285	12.6	4:25.773	41:52.194	00:13:57.4	2:13:02.041	+48:29.222
25	750	MCHARGUE, Rebecca	Tekoa	17:38.279	00:03:00.3	11:21.251	1:03:02.789	11.4	3:32.022	43:42.068	00:14:34.0	2:19:16.409	+54:43.590
0	748	MAGNAGHI, Rita	Kennewick		00:00:00.0			INF.0			00:00:00.0	DNS	

Division: 60-64

PL	No	Name	Representing	SWIM	min/100yds	T1	Bike	MPH	T2	RUN	min/mi	Total Time	Back
1	764	STOPPLER, Sharon	Bellevue	15:43.524	00:02:40.7	3:42.482	42:19.259	17.0	1:54.922	40:25.926	00:13:28.6	1:44:06.113	0:00.000
2	763	LITTLE, Liz	Spokane	19:01.064	00:03:14.4	4:30.842	44:27.652	16.2	4:27.253	34:27.922	00:11:29.3	1:46:54.733	+2:48.620
3	762	LARSEN, Bobbie	Liberty Lake	20:47.898	00:03:32.6	4:10.257	43:03.502	16.7	3:02.353	36:13.859	00:12:04.6	1:47:17.869	+3:11.756
4	758	DOAK, Jandyl	Spokane Valley	15:29.946	00:02:38.4	5:10.398	42:41.618	16.9	3:20.446	41:26.160	00:13:48.7	1:48:08.568	+4:02.455
5	760	GOLDSCHLAG, Daya	spokane	19:10.090	00:03:15.9	4:22.888	49:26.220	14.6	2:58.984	41:54.591	00:13:58.2	1:57:52.773	+13:46.660
6	759	GILBERT, Elizabeth	Spokane	21:20.322	00:03:38.1	6:24.772	51:59.770	13.8	5:06.486	38:05.490	00:12:41.8	2:02:56.840	+18:50.727

Division: 65-69

PL	No	Name	Representing	SWIM	min/100yds	T1	Bike	MPH	T2	RUN	min/mi	Total Time	Back
1	766	ALDAPE, Patricia	Mercer Island	20:33.222	00:03:30.1	4:29.702	51:48.896	13.9	2:33.481	47:25.418	00:15:48.5	2:06:50.719	0:00.000
2	765	HAMBIDGE, Carolyn	Colbert	21:44.068	00:03:42.2	6:15.074	1:11:40.709	10.0	3:23.102	1:09:05.440	00:23:01.8	2:52:08.393	+45:17.674

Division: 70 AND OVER

PL	No	Name	Representing	SWIM	min/100yds	T1	Bike	MPH	T2	RUN	min/mi	Total Time	Back
1	767	ORTON, Annette	Sandpoint	26:19.551	00:04:29.1	7:25.861	57:06.441	12.6	4:38.499	54:45.403	00:18:15.1	2:30:15.755	0:00.000

Division: ATHENA 40 AND OVER

PL	No	Name	Representing	SWIM	min/100yds	T1	Bike	MPH	T2	RUN	min/mi	Total Time	Back
1	784	SLOTTEN, Angela-marie	CDA	13:30.589	00:02:18.1	2:48.837	33:39.080	21.4	1:48.156	22:57.616	00:07:39.2	1:14:44.278	0:00.000
2	305	CICARELLI, Colleen	Spokane	13:56.959	00:02:22.6	2:16.720	34:06.431	21.1	1:57.300	32:35.158	00:10:51.7	1:24:52.568	+10:08.290
3	316	RAUER, Susan	Spokane	15:25.091	00:02:37.6	3:21.317	38:03.187	18.9	2:41.373	32:16.405	00:10:45.5	1:31:47.373	+17:03.095
4	315	PITZ, Melissa	Colbert	15:23.051	00:02:37.2	3:11.955	41:42.145	17.3	1:19.390	32:02.390	00:10:40.8	1:33:38.931	+18:54.653
5	309	GENTILI, Kathy	Spokane Valley	13:48.055	00:02:21.1	2:30.620	42:28.883	16.9	1:12.705	35:33.421	00:11:51.1	1:35:33.684	+20:49.406
6	317	ROBERTS, Beverly	Deer Park	18:45.810	00:03:11.8	2:38.088	40:10.041	17.9	2:08.044	32:03.270	00:10:41.1	1:35:45.253	+21:00.975
7	307	DURGAN, Peggy	Vancouver	19:23.093	00:03:18.1	2:55.591	41:57.931	17.2	1:36.347	37:06.619	00:12:22.2	1:42:59.581	+28:15.303
8	323	WELLMAN, Barb	Garfield	20:17.772	00:03:27.5	3:28.278	49:45.712	14.5	1:26.592	32:17.614	00:10:45.9	1:47:15.968	+32:31.690
9	308	ERNO, Anita	Spokane	22:44.941	00:03:52.5	3:46.549	40:50.924	17.6	2:54.488	40:00.016	00:13:20.0	1:50:16.918	+35:32.640
10	320	STAPLES, Carolyn	Veradale	17:01.254	00:02:54.0	3:37.312	43:55.366	16.4	1:56.360	44:16.240	00:14:45.4	1:50:46.532	+36:02.254
11	312	MANTUEFFEL, Michelle	HAYDEN LAKE	19:11.514	00:03:16.2	3:50.453	45:32.186	15.8	3:54.004	40:15.975	00:13:25.3	1:52:44.132	+37:59.854
12	304	CHRISTILAW, Connie	Spokane	16:31.478	00:02:48.9	5:53.775	52:16.329	13.8	2:41.718	41:19.239	00:13:46.4	1:58:42.539	+43:58.261
13	318	SKILLENS, Jackie	CDA	22:33.381	00:03:50.6	5:27.931	43:49.622	16.4	2:09.544	47:34.965	00:15:51.7	2:01:35.443	+46:51.165
14	311	HUNTER, Marty	Spokane Valley	22:58.178	00:03:54.8	5:56.659	49:08.112	14.7	2:35.453	41:51.779	00:13:57.3	2:02:30.181	+47:45.903
15	321	WATSON, Joleen	Spokane	24:12.623	00:04:07.5	4:43.560	53:17.108	13.5	1:32.852	39:11.682	00:13:03.9	2:02:57.825	+48:13.547

* indicates adjustments applied, see last page for details

Valley Girl Triathlon

Division: ATHENA 40 AND OVER Continued

PL	No	Name	Representing	SWIM	min/100yds	T1	Bike	MPH	T2	RUN	min/mi	Total Time	Back
16	310	HARVEST, Melody	Hayden	34:11.389	00:05:49.5	5:13.690	42:16.758	17.0	4:16.962	44:57.564	00:14:59.2	2:10:56.363	+56:12.085
17	306	DEAN, Debbie	Tekoa	22:18.282	00:03:48.0	6:43.336	1:03:00.645	11.4	3:31.779	43:42.617	00:14:34.2	2:19:16.659	+1:04:32.381
18	303	CHIPPENDALE, Nancy	Kearny	27:10.429	00:04:37.8	4:56.853	1:05:23.945	11.0	2:19.656	51:18.082	00:17:06.0	2:31:08.965	+1:16:24.687
0	313	MARSHALL, Cindy	Spokane		00:00:00.0			INF.0			00:00:00.0	DNS	
0	314	PERRON, Diane	Gig Harbor WA		00:00:00.0			INF.0			00:00:00.0	DNS	

Division: ATHENA 39 AND UNDER

PL	No	Name	Representing	SWIM	min/100yds	T1	Bike	MPH	T2	RUN	min/mi	Total Time	Back
1	338	JARVIS, Pj	Liberty Lake	13:02.347	00:02:13.3	1:26.306	33:33.494	21.5	1:17.159	27:44.061	00:09:14.7	1:17:03.367	0:00.000
2	344	MARTIN, Beth	Couer d Alene	15:06.911	00:02:34.5	2:00.390	35:04.698	20.5	1:42.986	27:55.565	00:09:18.5	1:21:50.550	+4:47.183
3	357	VESSER, Tia	Couer d Alene	15:18.071	00:02:36.4	2:26.324	35:30.767	20.3	2:03.348	26:40.649	00:08:53.5	1:21:59.159	+4:55.792
4	328	DEGENHART, Tiffany	Colbert	14:42.274	00:02:30.3	2:41.041	41:27.153	17.4	1:03.196	25:09.365	00:08:23.1	1:25:03.029	+7:59.662
5	353	TAYLOR, Kathleen	Spokane	12:58.789	00:02:12.7	2:50.294	36:10.917	19.9	1:55.029	31:27.081	00:10:29.0	1:25:22.110	+8:18.743
6	345	MUNRO, Jolynn	Liberty Lake	17:49.120	00:03:02.1	1:48.650	35:21.968	20.4	2:07.420	33:15.821	00:11:05.3	1:30:22.979	+13:19.612
7	508	TAYLOR, Dannette	Post Falls	15:58.503	00:02:43.3	2:46.443	39:47.122	18.1	3:10.503	38:32.954	00:12:51.0	1:40:15.525	+23:12.158
8	341	LAUMATIA, Laura	Plummer	16:42.259	00:02:50.7	3:40.666	45:55.294	15.7	1:53.718	34:22.026	00:11:27.3	1:42:33.963	+25:30.596
9	351	SQUATRITO, Theresa	Seattle	14:40.379	00:02:30.0	4:08.455	47:17.758	15.2	2:09.105	34:43.744	00:11:34.6	1:42:59.441	+25:56.074
10	406	COUCH, Emily	Fairchild AFB	13:48.450	00:02:21.1	3:23.285	46:43.193	15.4	2:16.653	36:49.053	00:12:16.4	1:43:00.634	+25:57.267
11	327	DAVIS, Lisa	Devens	16:21.579	00:02:47.2	3:56.032	44:00.850	16.4	1:50.015	40:57.317	00:13:39.1	1:47:05.793	+30:02.426
12	349	SAMPSON, Shawna	Spokane	16:11.034	00:02:45.4	4:05.409	49:15.432	14.6	2:47.416	36:13.224	00:12:04.4	1:48:32.515	+31:29.148
13	354	THOMPSON, Kristin	Mill Creek	16:37.176	00:02:49.9	3:52.442	51:51.608	13.9	2:58.573	35:02.654	00:11:40.9	1:50:22.453	+33:19.086
14	329	DINNEN, Suzanne	Spokane	18:04.662	00:03:04.8	4:46.465	47:41.670	15.1	2:01.556	37:54.665	00:12:38.2	1:50:29.018	+33:25.651
15	332	GERING, Noelle	Spokane Valley	17:52.201	00:03:02.7	4:26.718	48:38.879	14.8	2:47.023	37:40.859	00:12:33.6	1:51:25.680	+34:22.313
16	336	HORAK, Connie	Spokane Valley	17:09.966	00:02:55.5	4:30.158	48:03.814	15.0	2:07.678	40:26.242	00:13:28.7	1:52:17.858	+35:14.491
17	333	HAMILTON, Brenda	Hayden	17:51.919	00:03:02.6	3:38.191	46:15.348	15.6	2:31.269	42:04.393	00:14:01.5	1:52:21.120	+35:17.753
18	325	BURCHETT, Jamie	Spokane	19:50.726	00:03:22.8	3:58.205	49:39.940	14.5	1:28.434	37:46.485	00:12:35.5	1:52:43.790	+35:40.423
19	347	OLSON, Senja C.	Spokane	17:36.397	00:03:00.0	2:26.014	44:21.382	16.2	3:30.180	47:17.981	00:15:46.0	1:55:11.954	+38:08.587
20	334	HEWEY, Sally	Cheney	15:20.020	00:02:36.7	3:38.267	54:31.440	13.2	2:58.849	40:57.074	00:13:39.0	1:57:25.650	+40:22.283
21	340	JOOST, Michele	Spokane	18:40.510	00:03:10.9	4:46.752	53:11.522	13.5	2:23.481	39:23.750	00:13:07.9	1:58:26.015	+41:22.648
22	324	BACON, Laura	Spokane	20:16.146	00:03:27.2	4:30.996	53:25.333	13.5	3:02.089	43:50.888	00:14:37.0	2:05:05.452	+48:02.085
23	531	EDWARDS, Tracy	Spokane	17:34.451	00:02:59.6	9:06.927	52:14.552	13.8	3:24.255	42:58.556	00:14:19.5	2:05:18.741	+48:15.374
24	326	CRUMB, Lisa	Liberty Lake	21:13.535	00:03:37.0	4:46.373	47:48.117	15.1	2:41.255	52:49.445	00:17:36.5	2:09:18.725	+52:15.358
25	342	LONGINOTTI, Pia	Spokane	20:07.374	00:03:25.7	6:41.359	1:02:49.120	11.5	2:23.419	50:07.348	00:16:42.4	2:22:08.620	+1:05:05.253
0	330	DOYLE, Julia	Spokane		00:00:00.0			INF.0			00:00:00.0	DNS	
0	335	HITTLE, Nikki	Spokane Valley		00:00:00.0			INF.0			00:00:00.0	DNS	
0	339	JOHNSON, Shannon	Spokane Valley		00:00:00.0			INF.0			00:00:00.0	DNS	
0	350	SCHIFFNER, Tonia	spokane		00:00:00.0			INF.0			00:00:00.0	DNS	

Division: RELAY COMBINED AGES 76-119

PL	No	Name	Representing	SWIM	min/100yds	T1	Bike	MPH	T2	RUN	min/mi	Total Time	Back
1	777	LETKELSONELEY	Julie Kelsey, Michele Nelson	12:27.551	00:02:07.4	2:01.019	32:02.572	22.5	0:34.391	25:59.218	00:08:39.7	1:13:04.751	0:00.000
2	782	TRIPLE THREAT	Connie Eigell, Mandy Desgrosellier	16:59.063	00:02:53.6	1:03.775	35:27.715	20.3	0:37.422	20:58.539	00:06:59.5	1:15:06.514	+2:01.763
3	770	NOT SO VALLEY GIRLS	Heather Butner, Devin Robbins, Renee Seltzer	14:46.374	00:02:51.4	0:57.904	42:19.096	17.0	0:39.300	25:58.258	00:08:39.4	1:26:40.932	+13:36.181
4	771	PICU CHICKS	Jen Kahler, Kim Sarat, Jaque Emley	15:26.381	00:02:37.8	0:56.338	45:59.325	15.7	0:41.531	36:03.230	00:12:01.1	1:39:06.805	+26:02.054
5	772	SHORELINE SEEKERS	Stacy Tunison, Clarann Tunison	23:17.068	00:03:58.0	1:41.977	48:04.984	15.0	0:41.083	32:46.587	00:10:55.5	1:46:31.699	+33:26.948
6	603	THREE WEENIES	Julie Stannard, Leslie Stannard, Donna Thompson	17:05.961	00:02:55.0	1:24.450	51:44.304	13.9	0:51.666	35:55.720	00:11:58.6	1:47:03.101	+33:58.350

* indicates adjustments applied, see last page for details

Valley Girl Triathlon

Division: RELAY COMBINED AGES 76-119 Continued

PL	No	Name	Representing	SWIM	min/100yds	T1	Bike	MPH	T2	RUN	min/mi	Total Time	Back
0	768	BLACKHAWK BABES	Marlis Spawn, Carol Dever		00:00:00.0			INF.0			00:00:00.0	DNS	

Division: RELAY COMBINED AGES 120 AND OVER

PL	No	Name	Representing	SWIM	min/100yds	T1	Bike	MPH	T2	RUN	min/mi	Total Time	Back
1	775	THE NEOBABES	Erica Ziemer, Mary Wisdom, Marlene Just	19:23.317	00:03:18.2	1:23.521	31:45.116	22.7	0:48.322	25:06.981	00:08:22.3	1:18:27.257	0:00.000
2	783	2 JULES	Julie Mauer, Julie Scott	15:33.500	00:02:39.0	3:21.720	36:48.500	19.6	0:41.705	23:52.854	00:07:57.6	1:20:18.279	+1:51.022
3	781	ALL MOST DIDN T MAKE IT MOMS	Bae Lyden, Arishia Mullen, Karen Grossman	15:36.659	00:02:39.6	1:19.190	45:14.382	15.9	1:34.791	19:26.139	00:06:28.7	1:23:11.161	+4:43.904
4	774	TRANSITIONS	Terri Robinson, Julie Dhatt-Honekamp, Linda Shipe	14:22.100	00:02:26.9	1:05.552	45:49.780	15.7	0:35.919	24:01.671	00:08:00.6	1:25:55.041	+7:27.784
5	769	LIMPY, LUMPY AND THE LOSER	Linda Jones, Lynn Marcella, Lisa Burns	20:01.580	00:03:24.7	1:13.309	40:01.497	18.0	0:46.528	29:44.502	00:09:54.8	1:31:47.416	+13:20.159
6	776	BIG ASS LOSERS	Luanne Castoldi, Mary Rosner, Penny Sim	20:56.091	00:03:33.6	1:17.685	40:57.952	17.6	0:52.344	33:29.694	00:11:09.9	1:37:31.766	+19:04.509
7	773	THE CLAM DIPS	Char kendall, Kari Sloan, Lana Myers	18:56.312	00:03:13.6	1:23.477	43:35.981	16.5	0:46.465	42:15.227	00:14:05.1	1:46:57.462	+28:30.205
8	778	ITS ALL ABOUT US.	Jackie Davis, Carrie Johnson, Leann Springs	21.930	00:03:17.9	1:39.495	49:03.585	14.7	1:00.718	36:29.273	00:12:09.8	1:47:35.001	+29:07.744
9	780	JUNK YARD DOGS	Andrea Heartburg, Megan Jydstrup, Lucy Jydstrup	18:38.109	00:03:10.5	7:01.950	1:07:50.835	10.6	1:01.729	29:08.315	00:09:42.8	2:03:40.958	+45:13.701
10	779	3 GENERATIONS	Wendy Jydstrup, Sarah Jydstrup, Shirley Baas	24:00.000	00:04:02.8	1:57.000	1:07:50.207	10.6	1:03.833	32:58.547	00:10:59.5	2:07:34.881	+49:07.624

Division: OVERALL 2006 WINNER

PL	No	Name	Representing	SWIM	min/100yds	T1	Bike	MPH	T2	RUN	min/mi	Total Time	Back
1	436	WARNER, Annie	Nine Mile Falls	8:52.069	00:01:30.6	0:49.785	29:22.391	24.5	1:02.873	18:19.298	00:06:06.4	58:26.416	0:00.000

* indicates adjustments applied, see last page for details